

IF IT'S NOT A HELL YES, IT'S A FIRM NO #IASK

If consent isn't active, enthusiastic, ongoing, informed, retractable, and sober, it's not consent.

Consent is...

VOCAL

More than just the absence of “no”, consent requires “YES!”

CONTINUAL

Consent is needed every time and can be withdrawn anytime.

CLEAR

What both people want to do and not do is discussed, not assumed.

ENGAGED

Both people use verbal and nonverbal cues to show they are into it.

To learn more about consent visit:
uwo.ca/health/student_support/survivor_support

Western Gender-Based Violence & Survivor Support Case Manager:
519-661-3568 or email support@uwo.ca

Anova 24-hour crisis & support line: **519 642-3000**

Regional Sexual Assault and Domestic Violence Treatment Program 24/7
St. Joseph's Hospital, 519 646-6100 ext 64224

CMHA Crisis Centre & Reach Out 24/7 Crisis and Support Services: **519 433-2023**

Carrefour des Femmes du Sud-Ouest de l'Ontario, 24-HR Crisis & Support Line:
1-877-336-2433

Talk4Healing (available in 14 different Indigenous languages): **1-855-554-HEAL**

